<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
<th>Travel Time</th>
<th>Overnight Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Thursday</strong></td>
<td><strong>June 24/July 22</strong></td>
<td></td>
<td><strong>June 25/July 23</strong></td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td>Orientation, Marfa Lights, Pizza &amp; Pool Party</td>
<td>6 hours</td>
<td>Quarter Circle Hotel Alpine, TX</td>
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<tr>
<td><strong>Friday</strong></td>
<td></td>
<td>1.5 hours</td>
<td>Resort TBD Big Bend, TX</td>
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<tr>
<td><strong>Saturday</strong></td>
<td></td>
<td>6 hours</td>
<td>Resort TBD Big Bend, TX</td>
</tr>
<tr>
<td><strong>Sunday</strong></td>
<td>White Sands National Park</td>
<td>6 hours</td>
<td>Oliver Lee State Park White Sands, NM</td>
</tr>
<tr>
<td><strong>Monday</strong></td>
<td>Travel to Truth or Consequences, Lake Activities and Water Sports</td>
<td>3 hours</td>
<td>Campground TBD Truth or Consequences, NM</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>Travel to Sedona, Slide Rock State Park</td>
<td>7 hours</td>
<td>Flagstaff KOA Flagstaff, AZ</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>Day trip to the Grand Canyon</td>
<td></td>
<td>Flagstaff KOA Flagstaff, AZ</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td></td>
<td>4.5 hours</td>
<td>Ruby's Inn Campground Bryce, UT</td>
</tr>
<tr>
<td><strong>Friday</strong></td>
<td>Hike Bryce Canyon, Travel to Zion National Park</td>
<td>2 hours</td>
<td>Zion Ponderosa Ranch Resort Mt. Carmel, UT</td>
</tr>
<tr>
<td><strong>Saturday</strong></td>
<td>Shabbat at Zion National Park</td>
<td></td>
<td>Zion Ponderosa Ranch Resort Mt. Carmel, UT</td>
</tr>
<tr>
<td><strong>Sunday</strong></td>
<td>Travel to Durango, White Water Rafting</td>
<td>6.5 hours</td>
<td>Riverside KOA Durango, CO</td>
</tr>
<tr>
<td><strong>Monday</strong></td>
<td>Drive to Carlsbad, NM and Explore Carlsbad Caverns</td>
<td>8 hours</td>
<td>White City/Carlsbad KOA Carlsbad, NM</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>Return to Austin for 3 pm pick up</td>
<td>7 hours</td>
<td>Home</td>
</tr>
</tbody>
</table>
The Segel trip offers campers the opportunity to practice leadership skills in the wilderness that can be readily transferred back home. They’ll learn how to operate effectively as a group and become a tightly bonded community. They’ll also learn some invaluable skills, both “soft” and “hard”:

**Soft Skills:**
- Interpersonal Skills (Group)
  - Active listening skills
  - Proper group etiquette
  - Stages of group development

**Hard Skills:**
- In Established Campsites
  - Setting up camp
  - Cooking for a large group
  - The buddy system

Leadership Skills
- How to encourage group cohesion
- How to get a group’s attention
- How to get a group motivated
- How to motivate groups and individuals
- How to juggle everyone’s needs
- Respect/consistency/favorites
- Responsibility
- Sacrifice

“Big Picture” Skills
- Putting your own needs on hold
- Proper group decorum when in a public place
- Dealing with bullying, teasing, and scapegoating
- Patience, patience, patience

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**The Curriculum from the Trip Leader’s Perspective**

The Trip Leaders have 13 days to forge a bunch of campers into a team of effective leaders.

To do this, they give campers clear guidelines and expectations at the beginning of their trip. They offer guidance, knowledge, and perspective, and they mentor through examples of effective communication and community-consciousness.

The goal for campers’ lessons won’t be to “learn by making mistakes”, but rather to “learn by practicing in a positive, active environment.”

Our Leadership Learning program follows a well thought-out, time-tested formula. The 2 stages focus on: designated leadership, active following, peer leadership, and self leadership.

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**STAGE 1**

The trip leaders act as leaders—role modeling, teaching, setting the tone and expectations. Leaders hold a session on leadership styles at the end of each day, giving campers an opportunity to comment upon/critique their leadership style. Campers come to realize that the leaders aren’t just acting naturally, but are making deliberate choices to nurture the greatest success for their team.

**STAGE 2**

Campers take shifts acting as Leaders of the Day, given some guidance by trip leaders but still allowed to exercise responsibility. Campers are given feedback about their leadership effectiveness during the communication exercises. The group begins to function at a high level and a sense of community and belonging is established.
My name is Ella Dagan and I am so very excited to be your Merakezet this summer!!! I am counting down the days until camp.

I am 22 years old and I'm from Israel! I live in a city name Rehovot (about 25 min from Tel Aviv). I am currently living in Tel Aviv and Working as a Year Course madricha (counselor) and I love it! I am in charge of running and planning fun activities for the year coursers and plan activities about the Israeli culture and Judaism.

Since I was 10 years old, I was a part of the Israeli Scouts and spent 3 years there as a Counselor and a Head of Staff for a year. When I was 16, I went to the US for the first time on a delegation and worked at a day camp in Brooklyn. After I finished high school in 2017, I went on Young Judaea Year Course as a Scout and it was the best year of my life. After Year Course I worked at Midwest as a Scout and had an amazing and unforgettable summer. I drafted to the army in 2018 as a sport instructor in a combat unit, I had a very meaningful and special experience during my service.

For you as Segel, being the oldest aidah, you have such an unbelievable summer planned! And I'm positive you will have amazing experiences. I can't wait to meet all of you in person. Get ready to spend the best summer of your lives and create awesome memories together.

See y'all soon!

Trip Provider: Wescoast Connection

We're thrilled to run our Segel program with the knowledge and experience of the industry's best, Westcoast Connection. Experts in adventure tours, service trips, and every other teen growth program, working with WCC guarantees us the highest standards in safety, service, and fun!
Packing List

Packing Tips
Please have your camper participate in packing for camp so that he/she knows where to find his/her clothing and other items. The packing list, recommended for ALL campers, is based on careful thought and experience, taking into account both the climate and the fact that we will do laundry once every week. Cubby space is limited, and extra clothing makes it difficult for the bunk to remain clean and uncluttered. Help avoid conflict on opening day of camp by following our packing list exactly.

What to Bring
Consider the camp environment before packing. We recommend clothes that are simple, modest, and okay to get dirty.

What Not to Bring
Tight or revealing clothing—as well as clothes that advertise cigarettes, alcohol, sex, or drugs—are inappropriate for our camp community. Campers will not be allowed to wear sheer or strapless clothing or dresses and skirts that are shorter than their fingertips. Regarding swimwear, we allow one-piece bathing suits and tankinis. Remember, we do not allow calls home, so there is no need for campers to bring their cell phones. Please don’t expect calls during camp.

Also, do NOT send:

- Electronics, including kindles & e-readers (except a simple non-internet iPod or digital camera)
- Valuables/jewelry
- Matches, lighters, fireworks, candles
- Food
- Silly string or sling shots
- Skateboards, scooters, shoes with wheels

Additional Segel Trip Items
Segel participants will still need to adhere to the standard CYJ packing list
This list only includes additional items trip participants will need for the trip.

- Duffel - Please bring your own duffle bag for the trip. We recommend a 25"x45" Canvas bag (no wheels please). Here is an ideal Segel duffle bag.
- Day pack/backpack
- Extra water bottle (minimum quart-sized)
- Bandana/Extra hat
- Wallet with $100-$150 spending money (campers are responsible for holding their own money)
- Sleeping bag and sleeping pad
- Appropriate shoes - hiking boots or sneakers
- Closed-toed water shoes
- Long pants/jeans
- Sweatshirt/long-sleeved shirt

Even more than other campers, our Segel kids will need HATS and WATER BOTTLES, so spares are welcome!
1. **At what address can I send letters to my child when he/she is on the trip?**
   Because the Segel group is constantly on the move, it's usually impossible to send mail to your child while they're on the tour. We will FedEx our 10th graders a package of their letters once per session, (on July 1 and July 29).

2. **How much spending money should I send with my child?**
   CYJ covers everything monetarily that the kids will need, so spending money is just extra. Please do not send more than $150 with your child. The campers will be responsible for their own money during the trip.

3. **Is the trip itinerary subject to change?**
   Well, yes. We don't expect an alien invasion, a zombie apocalypse, or our bus driver to quit to pursue a career in yodeling, but it could happen. Some things are out of our control and changes may need to be made. If the itinerary does change, we will email you to let you know.

4. **In what kind of bus will the campers be riding?**
   The campers will be riding on a 55 passenger charter bus. The bus will have bathrooms and a video player. We have used the same Segel bus driver for 20 years.

5. **What type of supervision will the campers have?**
   There will be 1 unit head, 1 trip director, 2 Campsite Manager, and 4-6 counselors. We expect to have 30-40 campers.

6. **Is there any emergency planning?**
   Of course! We do not expect an emergency, but we always plan for it. The staff members have a list of all hospitals in the area. The Segel staff members also speak to the head staff in Wimberley daily and carry cell phones everywhere they go. Many of the staff on the trip hold first aid and CPR certifications and understand that anything more than a scrape or bruise needs to go to a doctor. CYJ staff are in regular contact with the CYJ medical team throughout the trip with questions and to get advice.

7. **What will the communication be like between parents and camp and parents and children during the trip?**
   Communication during the Segel trip is our biggest challenge. We are unable to provide the same daily communication during the trip as we do during camp; however, if there is any concern or medical issue, you can expect regular communication from CYJ. We will post a short update about the trip at least every other day. We will invite all parents to join a closed Facebook group for the Segel trip to get photos and updates from a staff member during their travels. In the interest of fully realizing the mission of our summer program, CYJ doesn't allow any campers to have cell phones or to call home from public phones while at camp or on the trip. We find that cell phones detract from our campers' ability to live in the moment, to fully connect to their peers, and to enjoy their natural surroundings. When it comes to speaking to their parents, going without direct communication enhances growth and teaches independence.

8. **How often will I see pictures of my child during the trip?**
   We will post pictures as often as possible, but it will not be every day. It takes time for the Segel staff to send us all of the pictures they take and for us to post them. You can expect to see pictures from the trip every 3-4 days, but we are unable to give you exact days that the pictures will be posted on Campanion. Photos will also be posted regularly to the Facebook group.

9. **What will the campers eat during the trip?**
   All of the food on the trip will be kosher, but 3-4 times the group will be eating at a dairy pizza/pasta type restaurant. For those campers who keep dairy kosher, we will provide an alternative.